

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15		
ISNIN	En. Wong SJ SCES3292		SN MS 1			REHAT	SJK3383KDP2 Pn. Wong ML	Dr. Rabahyah / Cik Habibu / Pn. Dayang Madini BMMB3303	REHAT	Dr. Rabahyah / Cik Habibu / Pn. Dayang Madini BMMB3303			
	Pn. Jacqueline TSLB3493		ENG										
	Pn. Ling CR MUZK3493		MZ MUZ										
SELASA	Aktiviti Rajang Sihat						En. Bejamin MPU3142			Cik Habibu BMMB3322 CPK5 6			
RABU	Pn. Nuur Aisyah SCES3413		SN SIM			REHAT	SJK3393KDP2 Pn. Wong ML		REHAT	Cik Bong BMMB3313 BS			
	Pn. Jacqueline TSLB3553		ENG										
	Pn. Ling CR MUZK3503		MZ MUZ										
KHAMIS	Cik Bong BMMB3313 BS						Pn. Puteri BMMB3273			Pn. Puteri BMMB3273			
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR					Pn. Wong ML / HEP Mentor-mentee			

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15
ISNIN	En. Wong SJ SCES3292		SN MS 1			REHAT		Pn. Puteri	REHAT	Pn. Puteri	Pn. Puteri
	SJHK3383KDP2	SJHK3383KDP2	SJHK3383KDP2				SJHK3383KDP2	BMMB3273		BMMB3273	BMMB3273
	Pn. Wong ML	Pn. Wong ML	Pn. Wong ML				Pn. Wong ML				
	Pn. Jacqueline TSLB3493		ENG KDP1								
	Pn. Ling CR MUZK3493		MZ MUZ								
SELASA	Aktiviti Rajang Sihat		Dr. Rabahyah / Cik Bong / Pn. Iriwanti BMMB3303				Dr. Rabahyah / Cik Bong / Pn. Iriwanti BMMB3303	Dr. Rabahyah / Cik Bong / Pn. Iriwanti BMMB3303		Cik Habibu BMMB3322	CPK5 6
RABU	Pn. Nuur Aisyah SCES3413		SN SIM			REHAT			REHAT	Cik Bong	BMMB3313 BS
	SJHK3393KDP2	SJHK3393KDP2	SJHK3393KDP2				SJHK3393KDP2				
	Pn. Wong ML	Pn. Wong ML	Pn. Wong ML				Pn. Wong ML				
	Pn. Jacqueline TSLB3553		ENG KDP1								
	Pn. Ling CR MUZK3503		MZ MUZ								
KHAMIS	Cik Bong BMMB3313		Pn. Puteri BMMB3273							En. Benjamin MPU3142	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR					HEP / En. Davis Mitchel Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15	
ISNIN	En. Wong SJ SCES3292		SN MS 1			REHAT			REHAT	Dr. Corella BIBB3342		
	SJHK3383KDP2 Pn. Wong ML	SJHK3383KDP2 Pn. Wong ML	SJHK3383KDP2 Pn. Wong ML				SJHK3383KDP2 Pn. Wong ML				Cik Cecilia BIBB3322	
	Pn. Jacqueline TSLB3493		ENG KDP1									
	Pn. Ling CR MUZK3493		MZ MUZ									
SELASA	Aktiviti Rajang Sihat					REHAT	Pn. Hedya Sasha MPU3142		REHAT	Dr. Engkasan / Dr. Corella BIBB3353		
RABU	Pn. Nuur Aisyah SCES3413		SN SIM									
	SJHK3393KDP2 Pn. Wong ML	SJHK3393KDP2 Pn. Wong ML	SJHK3393KDP2 Pn. Wong ML				SJHK3393KDP2 Pn. Wong ML					
	Pn. Jacqueline TSLB3553		ENG KDP1									
	Pn. Ling CR MUZK3503		MZ MUZ									
KHAMIS												
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR					HEP / En. Ngabong Mentor-mentee		

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15	
ISNIN						REHAT			REHAT			
SELASA	Aktiviti Rajang Sihat											
RABU												
KHAMIS												
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR						HEP / Dr. Rabahyah Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15	
ISNIN						REHAT			REHAT			
SELASA	Aktiviti Rajang Sihat											
RABU												
KHAMIS												
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR						HEP / Cik Bong Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15		
ISNIN	En. Sebastian PJMS3232 GYM					REHAT	En. Hassan MPU3421 DSR		REHAT				
SELASA	Aktiviti Rajang Sihat							En. Sangin Juat MPU3132			En. Sangin Juat MPU3132		
RABU	En. Yong EDUP3123	En. Yong EDUP3123	En. Yong EDUP3123					En. Yong EDUP3123		Dr. Rabahyah BMMB3233		Dr. Rabahyah BMMB3233	
KHAMIS	En. Johnichol PJMS3223 GYM	En. Johnichol PJMS3223 GYM	En. Johnichol PJMS3223 GYM					En. Johnichol PJMS3223 GYM		En. Gosstin EDUP3133		En. Gosstin EDUP3133	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR							HEP / Pn. Normelamesa Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15
ISNIN	En. Yong EDUP3123	En. Yong EDUP3123	En. Yong EDUP3123				En. Yong EDUP3123	Pn. Hedyasha SJHK3252		Pn. Hedyasha SJHK3252	
SELASA	Aktiviti Rajang Sihat		En. Sebastian PJMS3232 DSR				En. Sebastian PJMS3232 DSR	En. Sebastian PJMS3232 DSR		En. Hassan MPU3421 DSR	
RABU	En. Gosstin EDUP3133						Dr. Roziah SJHK3243			Dr. Roziah SJHK3243	
KHAMIS	En. Enring PJMS3223 PDG	En. Enring PJMS3223 PDG	En. Enring PJMS3223 PDG				En. Enring PJMS3223 PDG	En. Sangin Juat MPU3132		En. Sangin Juat MPU3132	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR					HEP / Pn. Teng Mentor-mentee	

REHAT

REHAT

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15
ISNIN	Pn. Dayang Madini BMMB3163 CPK1	Pn. Dayang Madini BMMB3163 CPK1	Pn. Dayang Madini BMMB3163 CPK1			REHAT	Pn. Dayang Madini BMMB3163 CPK1		REHAT	Pn. Jacqueline BMMB3152	
SELASA	Aktiviti Rajang Sihat						En. Davis Mitchel GHSS3013 PSV			En. Davis Mitchel GHSS3013 PSV	
RABU	Dr. Rabahyah BMMB3173 CPK1						Pn. Ellenor EDUP3083 CPK2			Pn. Ellenor EDUP3083 CPK2	
KHAMIS	Dr. Sim LASS3013 CPK 4	Dr. Sim LASS3013 CPK 4	Dr. Sim LASS3013 CPK 4				Dr. Sim LASS3013 CPK 4				
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR						HEP / En. Johnichol Mentor-mentee

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15
ISNIN	En. Ngabong BIBB3163	En. Ngabong BIBB3163	En. Ngabong BIBB3163			REHAT	En. Ngabong BIBB3163		REHAT	Cik Cecilia BIBB3152 PSV	
SELASA	Aktiviti Rajang Sihat				En. Davis Mitchel GHSS3013 PSV			En. Davis Mitchel GHSS3013 PSV			
RABU	Dr. Engkasan BIBB3173 PSV				Pn. Ellenor EDUP3083 CPK2			Pn. Ellenor EDUP3083 CPK2			
KHAMIS	Dr. Sim LASS3013 CPK 4	Dr. Sim LASS3013 CPK 4	Dr. Sim LASS3013 CPK 4				Dr. Sim LASS3013 CPK 4				
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR					HEP / En. Gosstin Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15	
ISNIN	Pn. Nancy EDUP3093					REHAT			REHAT	En. Felix Tong MPU3122M		
SELASA	Aktiviti Rajang Sihat		Pn. Teng PJMS3203 GYM				Pn. Teng PJMS3203 GYM	Pn. Teng PJMS3203 GYM				
RABU	Dr. Tiong LL EDUP3103							Cik Habibu BMMB3193			Cik Habibu BMMB3193	
KHAMIS	Pn. Teng PJMS3193 DSR						Pn. Iriwanti BMMB3183				Pn. Iriwanti BMMB3183	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR						HEP / Pn. Jacqueline Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15	
ISNIN	En. Dik EDUP3103					REHAT			REHAT	Cik Cleopatra MPU3122M		
SELASA	Aktiviti Rajang Sihat						Pn. Nancy EDUP3093			Pn. Nancy EDUP3093		
RABU	En. Ngabong BIBB3222				En. Samuel Bayang BIBB3182			HEP / En. Bejamin Mentor-mentee				
KHAMIS	En. Alex Dudley PSVK3413 PSV											
JUMAAT	Aktiviti Keagamaan	En. Muhammad Khairullah PSVK3423 PSV			Perhimpunan DSR							

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15
ISNIN	En. Inggit Barau BIBB1084	En. Inggit Barau BIBB1084	En. Inggit Barau BIBB1084			REHAT	En. Inggit Barau BIBB1084		REHAT	Pn. Normelamesa GPMK1012	
SELASA	Aktiviti Rajang Sihat				Ustaz Azizi GPML1022			En. Wong SJ GAPD1032			
RABU	En. Sangin Juat GWCP1042						En. Ngabong BIBB1094			En. Ngabong BIBB1094	
KHAMIS	En. Samuel Bayang BIBB1074	En. Samuel Bayang BIBB1074	En. Samuel Bayang BIBB1074				En. Samuel Bayang BIBB1074				
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR					HEP / En. Samuel Bayang Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15	
ISNIN	Cik Bong BMMB1084 CPK5 6	Cik Bong BMMB1084 CPK5 6	Cik Bong BMMB1084 CPK5 6			REHAT	Cik Bong BMMB1084 CPK5 6		REHAT	En. Dik GPMK1012		
SELASA	Aktiviti Rajang Sihat										GPIM1022 Ustaz Zainal Abiden	
											GPML1022 Ustaz Azizi CPK2	
RABU	Pn. Iriwanti BMMB1094 CPK5 6	Pn. Iriwanti BMMB1094 CPK5 6	Pn. Iriwanti BMMB1094 CPK5 6				Pn. Iriwanti BMMB1094 CPK5 6	En. Sangin Juat GWCP1042			En. Sangin Juat GWCP1042	
KHAMIS	Pn. Dayang Madini BMMB1074 DK	Pn. Dayang Madini BMMB1074 DK	Pn. Dayang Madini BMMB1074 DK				Pn. Dayang Madini BMMB1074 DK				Cik Chan Nguok Kiew GAPD1032	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR						HEP / Pn. Dayang Madini Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15		
ISNIN	Cik Bong BMMB1084 CPK5 6	Cik Bong BMMB1084 CPK5 6	Cik Bong BMMB1084 CPK5 6			REHAT	Cik Bong BMMB1084 CPK5 6	En. Rahmad GWCP1042	REHAT	En. Rahmad GWCP1042			
SELASA	Aktiviti Rajang Sihat						Pn. Dyg Nur Fathiah GAPD1032			GPIM1022 Ustaz Zainal Abiden CPK1	GPML1022 Ustaz Azizi CPK2		
RABU	Pn. Iriwanti BMMB1094 CPK5 6	Pn. Iriwanti BMMB1094 CPK5 6	Pn. Iriwanti BMMB1094 CPK5 6				Pn. Iriwanti BMMB1094 CPK5 6						
KHAMIS	Pn. Dayang Madini BMMB1074 DK	Pn. Dayang Madini BMMB1074 DK	Pn. Dayang Madini BMMB1074 DK				Pn. Dayang Madini BMMB1074 DK					En. Dik GPMK1012	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR							HEP / En. Sangin Juat Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15
ISNIN	Pn. Iriwanti BMMB1094 DK	Pn. Iriwanti BMMB1094 DK	Pn. Iriwanti BMMB1094 DK			REHAT	Pn. Iriwanti BMMB1094 DK		REHAT		
SELASA	Aktiviti Rajang Sihat						En. Rahmad GAPD1032			Pn. Normelamesa GPMK1012	
RABU	Pn. Dayang Madini BMMB1074 DK	Pn. Dayang Madini BMMB1074 DK	Pn. Dayang Madini BMMB1074 DK				Pn. Dayang Madini BMMB1074 DK			GPIM1022 Ustaz Zainal Abiden	
										GPML1022 Ustaz Azizi CPK 4	
KHAMIS	Pn. Dyg Nur Fathiah GWCP1042						Cik Bong BMMB1084 CPK5 6			Cik Bong BMMB1084 CPK5 6	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR					HEP / En. Hassan Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15
ISNIN	Pn. Iriwanti BMMB1094 DK	Pn. Iriwanti BMMB1094 DK	Pn. Iriwanti BMMB1094 DK			REHAT	Pn. Iriwanti BMMB1094 DK	Pn. Dyg Nur Fathiah GWCP1042	REHAT	Pn. Dyg Nur Fathiah GWCP1042	
SELASA	Aktiviti Rajang Sihat				Pn. Normelamesa GPMK1012		En. Rahmad GAPD1032				
RABU	Pn. Dayang Madini BMMB1074 DK	Pn. Dayang Madini BMMB1074 DK	Pn. Dayang Madini BMMB1074 DK				Pn. Dayang Madini BMMB1074 DK			GPIM1022 Ustaz Zainal Abiden CPK3	
										GPML1022 Ustaz Azizi CPK 4	
KHAMIS							Cik Bong BMMB1084 CPK5 6			Cik Bong BMMB1084 CPK5 6	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR			HEP / Pn. Iriwanti Mentor-mentee			

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15		
ISNIN	En. Felix Tong TSLB1074	En. Felix Tong TSLB1074	En. Felix Tong TSLB1074			REHAT	En. Felix Tong TSLB1074		REHAT	GPIM1022 Ustaz Zainal Abiden			
											GPML1022 Ustaz Azizi ML2		
SELASA	Aktiviti Rajang Sihat						En. Mackla	GPMK1012			Dr. Sim GAPD1032		
RABU	Cik Cleopatra TSLB 1094	Cik Cleopatra TSLB 1094	Cik Cleopatra TSLB 1094				Cik Cleopatra TSLB 1094	Cik Chan Nguok Kiew GWCP1042				Cik Chan Nguok Kiew GWCP1042	
KHAMIS	En. Jude Tan TSLB 1084	En. Jude Tan TSLB 1084	En. Jude Tan TSLB 1084				En. Jude Tan TSLB 1084						
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR							HEP / En. Felix Tong	Mentor-mentee

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15	
ISNIN	En. Jude Tan TSLB 1084	En. Jude Tan TSLB 1084	En. Jude Tan TSLB 1084			REHAT	En. Jude Tan TSLB 1084		REHAT	GPIM1022 Ustaz Zainal Abiden ML1		
											GPML1022 Ustaz Azizi ML2	
SELASA	Aktiviti Rajang Sihat						Dr. Sim	GAPD1032		En. Mackla GPMK1012		
RABU	Cik Chan Nguok Kiew GWCP1042						En. Felix Tong TSLB1074	En. Felix Tong TSLB1074			En. Felix Tong TSLB1074	En. Felix Tong TSLB1074
KHAMIS	Cik Cleopatra TSLB 1094	Cik Cleopatra TSLB 1094	Cik Cleopatra TSLB 1094				Cik Cleopatra TSLB 1094					
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR							HEP / Cik Cleopatra Mentor-mentee

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15	
ISNIN	En. Rahmad GWCP1042					REHAT			REHAT	En. Mackla GPMK1012		
SELASA	Aktiviti Rajang Sihat				Dr. Roziah SJHK1074		Dr. Roziah SJHK1074					
RABU	Pn. Hedyasha SJHK 1084						Ustaz Azizi GPML1022					
KHAMIS	En. Bejamin SJHK 1094						Cik Chan Nguok Kiew GAPD1032					
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR						HEP / Cik Chan Nguok Kiew Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15	
ISNIN	Pn. Ellenor EDUP2072					REHAT			REHAT	Pn. Teng MPU2071		
SELASA	Aktiviti Rajang Sihat				Cik Chan Nguok Kiew MTES2092R			Dr. Engkasan / Pn. Ling CR EDUP2082 MUZ				
RABU	Pn. Puteri EDUP2093	Pn. Puteri EDUP2093	Pn. Puteri EDUP2093				Pn. Puteri EDUP2093					
KHAMIS	En. Rahmad MTES2063R							Pn. Wong ML EDUP2122			Pn. Wong ML EDUP2122	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR						En. Rahmad / HEP Mentor-mentee	

	1 7:30 - 8:30	2 8:30 - 9:30	3 9:30 - 10:30	3A 10:30 - 11:30	3B 10:00 - 11:30	REHAT 10:30 - 11:00	4 11:00 - 12:00	5 12:00 - 13:00	REHAT 13:00 - 14:15	6 14:15 - 15:15	7 15:15 - 16:15
ISNIN	Ustaz Azizi PIMK2063R CPK3	Ustaz Azizi PIMK2063R CPK3	Ustaz Azizi PIMK2063R CPK3			REHAT	Ustaz Azizi PIMK2063R CPK3		REHAT	En. Hassan MPU2071 DSR	
SELASA	Aktiviti Rajang Sihat				Pn. Puteri EDUP2093 AGR 3		Pn. Puteri EDUP2093 AGR 3	Pn. Puteri EDUP2093 AGR 3		Pn. Puteri EDUP2093 AGR 3	
RABU	Ustaz Zainal Abiden BAMB2092R CPK3						Dr. Engkasan / Pn. Ling CR EDUP2082 MUZ				
KHAMIS	Pn. Wong ML EDUP2122 KDP1							Pn. Ellenor EDUP2072 CPK3		Pn. Ellenor EDUP2072 CPK3	
JUMAAT	Aktiviti Keagamaan				Perhimpunan DSR						Ustaz Azizi / HEP Mentor-mentee